

Sun**Mon****Tue****Wed****Thu****Fri****Sat**

FEBRUARY 2012 ACTIVITIES

**Iwona Dydynska
Recreation
Director
(519)432-1162
Ext. 2509**

1
9:30 Shopping Trip to Covent Mar-
ket Place
10:00 Living Well ~Weights Class (A)
10:45 Art at the Grand (A)
2:00 Performance by
Larry McQuerie (A)
4:00 Volunteer Club (A)
6:30 Bingo (A)

2 GROUND HOG DAY
10:00 Living Well ~ Rhythm Class (A)
11:00 Ground Hog Day
Trivia (A)
2:00 Movie Matinee:(A)
"The Help"
7:00 Coffee Hour (A)

3
10:00 Yoga (A)
11:00 Welcome New Residents with
Tim Horton's (A)
2:00 Performance By Bill
Savage (A)
4:00 Wine and Cheese (S)
6:30 Exploring Mexico (A)

4
10:00 Living Well ~ Stretching
Class (A)
11:00 Wii : Bowling (A)
1:30 Price is Right
(Come on down to the Price Is Right
and Win a Prize)

5 SUPER BOWL
10:30 Word Search Pick Up (L)
11:00 R.C. Communion (C)
2:00 St. James Anglican
Service (C)
6:00 SUPER BOWL SUNDAY
(Come join the fun, eat some Nachos
and enjoy a Beer)

~ Get Your Boarding Passes for the Love
Boat Cruise ~

**6 ~Love Boat~
Cruise to Venice**
10:00 Living Well ~ Cardio (A)
11:00 Lift Your Spirits (A)
2:00 Bingo (A)
2:00 Manicules (L)
4:00 Name that tune
5:00 Dinner in Venice
6:30 Wesley Knox (A)

**7 ~Love Boat~
Cruise to Greece**
10:00 Tai Chi (A)
10:00 Visits with Colin
11:00 Healthy Brains (A)
2:00 Pub with a Performance by
Lawrence Marks
4:00 Name that tune
5:00 Dinner in Greece

**8 ~Love Boat~
Cruise to Jamaica**
9:30 Shopping Trip to Walmart
9:30 Sewing Club (A)
10:00 Living Well~ Weights (A)
10:45 Art at the Grand (A)
2:00 Euchre (A)
5:00 Dinner in Jamaica with a Per-
formance by Edwin
playing the Steel Drum

**9 ~Love Boat~
Cruise to Paris**
10:00-2:00 Katies Boutique(A)
2:30 Presentation with our
local Chef and Chocolatier (A)
10:00 Living Well~ Rhythm (A)
10:30 Anglican Communion (C)
10:30 Day Care Meet and Greet
4:00 Name that tune
5:00 Dinner in Paris
6:30 Trivia & Lattes (A)

**10 ~Love Boat~
Cruise to Germany**
10:00 Yoga (A)
11:00 Trivia ~ Germany
2:00 Performance by
Paul Clarke (A)
4:00 Wine and Cheese (S)
4:00 Name that tune
5:00 Dinner in Germany
6:30 Exploring Northern Europe (A)

11
10:00 Living Well ~ Stretching
Class (A)
11:00 The game of Family Feud (A)
1:30 Performance by
Rita Starra (A)

12
10:30 Word Search Pick Up (L)

11:00 R.C Communion (C)

1:30 Pilgrim Reform Church
Service (C)

13
10:00 Living Well ~ Cardio Class (A)
11:00 Lift your Spirits (A)
2:00 Bingo (A)
2:00 Manicules (L)
3:00 Slide Show (A)

14 Valentines Day
10:00 Tai Chi (A)
10:00 Visits from Colin
11:00 Healthy Brains (A)
2:00 Movie Matinee (A)
6:30 Valentines Day Social
with
a performance by
Michelle Iurman
~ Love Songs~

15
9:30 Shopping Trip to
Westmount Mall
10:00 Living Well ~ Weights Class (A)
10:45 Art at the Grand (A)
1:30 Water Colour Painting with
Val (A)
4:00 Wii Bowling (A)
6:30 Bingo (A)

16
10:00 Living Well ~ Rhythm Class (A)
11:00 Creative Writing (A)
2:00 Beer Pub with a Performance by
Joel Horvath (A)
3:30 Beverly Hill Billies
Episode #2

17
10:00 Yoga (A)
11:00 Brain Teasers (A)
2:00 Join the Kids (A)
4:00 Wine and Cheese (S)
6:30 Exploring the East
Caribbean (A)

18
10:00 Living Well ~ Stretching
Class (A)
11:00 Wii = Are you Smarter
than a Fifth Grader
1:30 Hot Chocolate and
Baileys Social with a performance
by the Forest City Fiddlers (A)

19
10:30 Word Search Pick Up (L)

11:00 R.C. Communion (C)

2:00 Salvation Army Service (A)

20 Family Day
21
10:00 Living Well ~ Cardio Class (A)
11:00 Lift your Spirits (A)
2:00 Bingo (A)
2:00 Manicules (L)
6:30 Performance by Gary McGill (A)

21 Shrove Tuesday
10:00 Tai Chi (A)
10:00 Visits from Colin
11:00 Healthy Brains (A)
2:00 Resident Council
Meeting (A)
3:30 Indoor Bowling (A)

22 Ash Wednesday
9:30 Sewing Club (A)
10:00 Living Well ~ Weights Class (A)
10:45 Art at the Grand (A)
2:00 Healthy Shakes and a
Presentation for Healthy
Living (A)
3:30 Beverly Hill Billies (A)

23
9:30 Trip to Cherry Hill Mall
(Seniors Day)
10:00 to 3:00 Dressing Room
Store
10:00 Living Well ~ Rhythm Class (A)
2:00 Euchre (A)

24
10:00 Yoga (A)
11:00 Riddle Nut (A)
2:00 Performance by
Bill Worrall (A)
4:00 Wine and Cheese (S)
6:30 Exploring the West
Caribbean (A)

25
10:00 Living Well ~ Stretching
Class (A)
11:00 Current Events (A)
1:30 Banana Split Social (A)

26
10:30 Word Search Pick Up (L)

11:00 R.C Communion (C)

2:00 United Church Service (A)

27
10:00 Living Well Cardio
Class (A)
11:00 Lift your Spirits (A)
2:00 Bingo (A)
2:00 Manicules (L)
3:30 Volunteer Club (A)
6:30 Centre Piece Making (A)

28
8:00 Men's Breakfast
10:00 Tai Chi (A)
10:00 Visits from Colin
11:00 Healthy Brains (A)
2:00 February Birthday Party with a
performance by
Michael Semenuk (A)
3:30 Beverly Hill Billies (A)

29
10:00 Living Well ~ Weights Class (A)
10:45 Art at the Grand
1:00 Trip to the Grand Theatre
2:00 Fire Department ~ Fire Preven-
tion Presentation (A)
4:00 Crossword Puzzle
Club (A)
6:30 Bingo (A)

LEGEND
A: Auditorium
C: Chapel
DR: Dining Room
L: Library

*Trip over love, you can get up.
Fall in love and you fall forever.
Author Unknown*